

King City SS e-Newsletter



[2001 King Road, King City, ON L7B 1K2](#)

November 22, 2019

How to Talk to Teens about Mental Health

This week was Bullying Awareness and Prevention week. In keeping with the spirit of the week, here is a video shared by the Ministry of Education about how to talk to your child about mental health. If you are interested in further materials, please click [this link](#) to the Ministry's Bullying Awareness and Prevention website.



Transfer Requests

Please read page four and five of this newsletter. It contains information about school transfers for the 2020-2021 school year. The deadline for transfer applications is January 21st 2020.

Late bus?

Bus running late? Bad weather? Don't forget to check the late bus report at www.schoolbuscity.com to get an update on the bus' expected arrival time.



Contact Us

Phone 905.833.5332

Extensions

Reception 150

Attendance 158

Guidance 106

Busing 152

king.city.ss@yrdsb.ca

Online

[School website](#)

Administration

Principal

[Joe D'Amico](#)

Vice Principals

[Pina Viscomi](#) (A-K)

[Tim Wesson](#) (L-Z)

School Council

[Luisa Gale](#)

[Harpal Panesar](#)

Superintendent

Becky Green

Trustee

Bob McRoberts

Don't forget about KCSS
Spirit Wear! Designs on
page 6 - pay via [this link](#)



School News

Cross Country Ski Team

KCSS Nordic “Olympic-style” skate skiing is back for the 2019-2020 season. Does your child want to learn to ski? Improve your fitness? Be challenged on the snow? KCSS Nordic is aiming to regain the YRAA championship this season. Novice and experienced skiers welcome. Questions? See Mr. Schoenhardt in room 220 or 113. **contact:** william.schoenhardt@yrdsb.ca

Dry-land practice starts Wed. Nov 27 after school; on snow Dec 11.
KCSS Nordic: “no chairlift required”!



Important Dates

To view our entire school calendar online click [here](#).

Monday November 25th

- Full Disclosure
- Grad Photos Begin
- Curling @ York Curling Club - 2:30

Wednesday November 27th

- Cheerleading @Limelight
Cheerleading Allstars - 4:00

Thursday November 28th

- Grade 8 Open House
- Hockey 1 vs. Brother Andre @ Mount Joy Arena - 2:30
- Hockey 2 vs. Holy Cross @ Woodbridge Memorial Arena - 2:30

Friday November 29th

- Trade Tour @ Centennial College - Quadrini & Michaud

Wednesday December 4th

- Last Day of Grad Photos

Thursday December 5th

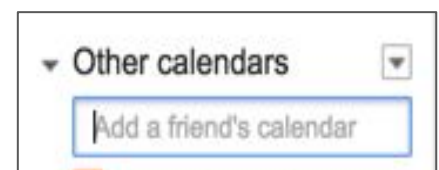
- Music Night

Tuesday December 10th

- Jazz Band at Feeder Schools

Do you use Google Calendar?

Add our email address to add our calendar to your calendar, and never miss an event again!



king.ss@gapps.yrdsb.ca



School News



LOWER YOUR FLU RISK

FLU SEASON IS HERE. GET THE FLU SHOT AS EARLY AS POSSIBLE.

The first and best step to prevent influenza, the flu, is to get the flu shot every year. The flu is contagious and anyone can get it. Getting the flu shot can protect you, your family and those around you.

The flu shot is especially important for people who are at **high risk** of flu-related complications, and for people in contact with those at high risk, including:

- All children six months to five years of age
- People 65 years of age and older
- All pregnant women
- People with chronic health conditions (including diabetes, heart or lung disease, conditions affecting the immune system, neurodevelopmental conditions)

It is important to get the flu shot as early as possible as it can take nearly **two weeks** for the vaccine to provide the greatest protection.

In addition to getting the flu shot, here are some other health tips that can help prevent the spread of the flu:

- Wash your hands well and often with either soap and water or alcohol based hand rub (don't forget to wash your wrists, under your fingernails and in between your fingers).
- Cough or sneeze into your sleeve or cover your mouth and nose with a tissue and throw the tissue out immediately. Wash your hands afterwards.
- Avoid touching your eyes, nose and mouth.
- Avoid large crowds and stay home when you are sick.
- Clean and disinfect surfaces and shared items.

To learn more about the flu and flu vaccine, visit york.ca/flu

PUBLIC HEALTH
1-800-361-5653
TTY 1-866-252-9933
19-5678





School News

Transfer Requests for the 2020-2021 School Year

Each year the York Region District School Board staff work collaboratively to balance student enrolment and accommodation needs in an effort to ensure that students living in a school attendance area can attend their local secondary school without overflowing to other schools. Further, those accepted on transfer into courses and/or programs outside their home school attendance area need to be accommodated without displacing or limiting opportunity for students who live locally. To this end, this letter is to inform you of the status of new student transfer requests into secondary schools for September 2020.

The following list of schools is provided to assist students in their course selection and pathways choices:

A. The following schools will not be accepting new student transfer requests for the 2020-2021 school year:

CEC Central: Aurora High School (except from Highview PS and Regency PS), Bayview Secondary School, Richmond Hill High School

CEC East: Markville Secondary School, Pierre Elliott Trudeau High School

CEC North: Newmarket High School

CEC West: Emily Carr Secondary School, Vaughan Secondary School (for French Immersion), Westmount Collegiate Institute (for Grades 9 and 10)

B. The following schools will be open to new student transfer requests for the 2020-2021 school year:

CEC Central:

Alexander Mackenzie High School, Aurora High School (only from Regency Acres PS and Highview PS), Dr. G. W. Williams Secondary School, King City Secondary School, Langstaff Secondary School, Richmond Green Secondary School

CEC East:

Bill Hogarth Secondary School, Bur Oak Secondary School, Markham District High School, Middlefield Collegiate Institute, Milliken Mills High School, Unionville High School



School News

Transfer Requests for the 2020-2021 School Year continued...

CEC North:

Dr. John M. Denison Secondary School, Huron Heights Secondary School, Keswick High School, Sir William Mullock Secondary School, Stouffville District Secondary School, Sutton District High School

CEC West:

Maple High School, Stephen Lewis Secondary School, Thornhill Secondary School, Thornlea Secondary School, Tommy Douglas Secondary School, Vaughan Secondary School (only for Regular Track), Westmount Collegiate Institute (only for Grades 11 and 12), Woodbridge College

Transfer requests from Grade 8 Students:

Transfer requests from Grade 8 students must accompany the Registration Forms and are due to their **home school** by **January 31, 2020**. Students will be notified of the decision of their transfer request by **February 6, 2020**. If the transfer request is approved, current YRDSB students will be required to submit their electronic course selection in the My Pathway Planner by **February 24, 2020**. Students external to YRDSB will submit a paper copy of their course selection. Please see your classroom teacher, the secondary school guidance department or school principal with questions regarding course selection.

Transfer requests from Secondary Students:

Students currently attending secondary school are to submit transfer request forms to their principal by **January 31, 2020**. Students will be notified of the decision of their transfer request by **February 6, 2020**. If the transfer request is approved, students (both internal and external to our board) will be required to submit a paper copy of their course selection options to their new secondary school by **February 26, 2020**. Course selection for approved transfers will not occur in the My Pathway Planner. Please see your classroom teacher, the guidance department or school principal with questions regarding course selection.

For more information on attendance areas and student transfers, students and parents/guardians are encouraged to review the process outlined in [Board Policy #108 Student Accommodation – Attendance Areas and Student Transfers](#).

If you have questions regarding a specific school, course or program, please contact the school.

Student's Name _____ Homeroom _____

Telephone Number _____



RUSSELL DRI POWER CORE PERFORMANCE SHORT SLEEVE T-SHIRT
100% Polyester. Price includes a full front design.

QUANTITY & SIZING

MEN'S	S	M	L	XL	2XL
Dk.Green					
Stealth					
Steel					
White					

COST × =

COST × =

TOTAL =



RUSSELL DRI POWER LONG SLEEVE T-SHIRT
60% Cotton/40% Polyester. Price includes a full front design.

QUANTITY & SIZING

MEN'S	S	M	L	XL	2XL
Dk.Green					
Black Heather					
Oxford					
White					

COST × =

COST × =

TOTAL =



RUSSELL DRI POWER FLEECE PULLOVER HOODED SWEATSHIRT
50% Cotton/50% Polyester. Price includes a full front design, left sleeve name & lower name can be added for \$5.00 each.

QUANTITY & SIZING

MEN'S	S	M	L	XL	2XL
Dk.Green					
Black Heather					
Oxford					
White					

COST × =

COST × =

Player First Name or Nickname on Left Sleeve: × =

Player Last Name on Lower Back: × =

TOTAL =



RUSSELL DRI POWER FLEECE SWEATPANTS - Open Bottom
50% Cotton/50% Polyester. Price includes a left thigh design.

QUANTITY & SIZING

MEN'S	S	M	L	XL	2XL
Dk.Green					
Black Heather					
Oxford					

COST × =

COST × =

TOTAL =



RUSSELL DRI POWER FLEECE SWEATPANTS - Closed Bottom
50% Cotton/50% Polyester. Price includes a left thigh design.

QUANTITY & SIZING

MEN'S	S	M	L	XL	2XL
Black Heather					
Oxford					

COST × =

COST × =

TOTAL =

METHOD OF PAYMENT:

Please make all payments via School cash online website

<https://yrdsb.schoolcashonline.com/>

****All prices include taxes.**

GRAND TOTAL \$



School News - reminder

SIZE CHART / FABRIC

SIZE CHARTS

MEN'S SIZE CHART

Alpha Size	Small	Medium	Large	1X-Large	2X-Large	3X-Large	4X-Large	5X-Large
Chest	34-36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56	58 - 60	62 - 64
Waist	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58

MEN'S TALL SIZE CHART

	LT	XLT	2XT	3XT
Chest	42 - 44	46 - 48	50 - 52	54 - 56
Waist	36 - 38	40 - 42	44 - 46	48 - 50

YOUTH SIZE CHART

Alpha Size	X-Small	Small	Medium	Large	1X-Large
Chest	24 1/2 - 26	26 1/2 - 28	28 1/2 - 30	30 1/2 - 33	33 1/2 - 36
Waist	20 1/2 - 22	22 1/2 - 24	24 1/2 - 26	26 1/2 - 29	29 1/2 - 32

WOMEN'S SIZE CHART

Alpha Size	X-Small	Small	Medium	Large	1X-Large	2X-Large	3X-Large	4X-Large	5X-Large
Bust		33 1/2 - 35	35 1/2 - 37	37 1/2 - 40	40 1/2 - 43	43 1/2 - 46	46 1/2 - 50	50 1/2 - 54	54 1/2 - 58
Waist	23 1/2 - 25	25 1/2 - 27	27 1/2 - 29	29 1/2 - 32	32 1/2 - 35	35 1/2 - 38	38 1/2 - 42	42 1/2 - 46	46 1/2 - 50
Hips	33 1/2 - 35	35 1/2 - 37	37 1/2 - 39	39 1/2 - 42	42 1/2 - 45	45 1/2 - 48	48 1/2 - 52	52 1/2 - 56	56 1/2 - 60

NOTE: The measurements listed in the above charts are body measurements. Any person on the upper limits of these measurements should consider ordering the next size. Inseam measurements should always be specified on warmup pant orders. When no specific measurements are listed or the term AVERAGE INSEAMS is written, you will receive inseam lengths as listed on the charts above.

FABRICS

Fabric#	Description	Content
14	Mediumweight Single Knit Jersey	White and colors: 100% cotton; Oxford: 42% cotton/58% polyester; Light Oxford; 92% cotton/8% polyester
15	Heavyweight Single Knit Jersey	White and colors: 100% cotton
30	Mediumweight NuBlend™ Single Knit	White and colors: 50% cotton/50% polyester; Oxford: 58% polyester/42% cotton Knit Jersey
43	Moisture Management Jersey	100% cotton
56	Stretch Porthole Mesh	100% nylon
62	Stretch Warp Knit	Colors: 92% nylon/8% spandex; White: 92% polyester/8% spandex
65	Bright Porthole Warp Knit	90% nylon/10% spandex
66	Heavyweight Warp Knit Porthole Mesh	100% polyester
72	Dri-Power® Jersey	Colors: 90% nylon/10% spandex; White 91% polyester/9% spandex
73	Bright Warp Knit	100% nylon
83	Lightweight Tricot Mesh	Colors: 100% nylon; White: 100% polyester
93	Bright Mediumweight Tricot Mesh	100% nylon; White: 100% polyester
AF	Tricot Mesh	100% nylon; White: 100% polyester
BJ	Textured Woven	100% nylon
BP	Dri-Power® Stretch Woven	95% nylon/5% spandex
BW	Brushed Woven	100% polyester
CA	Polyester Double Knit	100% polyester
CT	Micro Thermal	94% polyester/6% spandex
CL	Mediumweight Single Knit Jersey	100% cotton
D2	Dri-Power® Closed Hole Mesh	60% cotton/40% polyester
DB	Double Knit	100% polyester
DP	Dri-Power® Flat Back Mesh	100% polyester
DZ	Warp Knit	100% polyester
BW	Brushed Woven	100% polyester
EF	Wicking Performance Fleece	100% polyester
ET	Dri-Power® Oval Jacquard	97% nylon/3% spandex - 95% nylon/5% spandex
GH	Dri-Power® Mesh	100% polyester
HB	Dri-Power® Fleece	Colors 50% cotton/50% polyester; Oxford: 46% cotton/46% Dacron®/8% Black polyester
LP	Stretch Woven Rip Stop	Colors: 85% nylon/15% spandex; White: 86% polyester/14% spandex
LW	Stretch Interlock	100% polyester
LY	Stretch Adobe Weave - Birds Eye Mesh	100% polyester
ME	Micro Polar Fleece	100% polyester
MF	Dri-Power® Microfiber Mesh	100% polyester
MI	Dri-Power® Ottoman Knit Horizontal Stripe	Colors: 100% nylon; White: 100% polyester
NA	Dri-Power® Stretch Knit	88% polyester/12% spandex
NM	Nylon Tricot Mesh	100% nylon
NX	Dri-Power® Stretch Knit	80% polyester/20% spandex
PJ	Dri-Power® Double Knit	100% polyester
PM	Dri-Power® Ventilation Technology	92% nylon/8% spandex
QD	Stretch Woven	100% polyester
QP	Dri-Power® Ottoman Mesh	100% polyester
QS	Dri-Power® Jacquard Stripe	100% polyester
RE	Waterproof/Windproof Stretch Woven	55% PU/45% polyester
RK	Double Knit	White: 100% polyester
SM	Dri-Power® Stretch Mesh	Colors: 90% nylon/10% spandex; White: 90% polyester/10% spandex
S2	Lightweight Polyester/Spandex Warp Knit	Colors: 90% nylon/10% spandex; White: 91% polyester/9% spandex
TC	Tricot Mesh	Colors: 100% nylon; White: 100% polyester
VT	Dri-Power® Stretch	Colors and White: 92% nylon/8% spandex - 92% polyester/8% spandex
XC	XTREME POWER Warp Knit	Colors and White: 86% nylon/14% spandex - 86% polyester/14% spandex
XF	Mediumweight Fleece	65% cotton/35% polyester
XP	XTREME POWER Warp Knit	Colors and White: 82% nylon/18% spandex - 82% polyester/18% spandex
Z7	Bright Nylon Warp Knit Mesh	Colors: 88% nylon/12% spandex; White 88% polyester/12% spandex

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